



# Lyon English Toastmasters

Jan to May 2018 Newsletter

Sunny days coming back bringing energy and ideas to take us further in the year. Energy and creativity were actively demonstrated in our club along those last few months. Let us tell you more about

- 1 – Our latest achievements
- 2 - PATHWAYS : an optimized framework to support your progression
- 3 – Our Toastmasters officers roles and how you may want to sign up to be one !

## 1 – Spectacular events and stars!

We sure kept busy in the last few months of this long winter and shone with new stars in those few first weeks of Spring !

### 27 Jan : Club Officers Training :

Our club was represented by 4 members : Bob Kennedy, Suzanne Barratt, Mohamed Arab, Isabelle Fonquerne

Officer training sessions aim at improving our club experiences.

It is a great opportunity to meet TM officers from other clubs of the area.

Our club took an active part in the session proposing two interactive workshops :

- 1 - **Mentoring** led by Suzanne
- 2 - **TM best practices** led by Isabelle.

Both of them invited people to work in small teams. We had 4 teams including the Sharks, the Tigers, the Eagles and the Gorillas.

Mohamed and Bob also joined the session and all of us had a great time and more ideas to enhance our club experience !!



### 3 March : Evaluation Workshop at the iaelyon

We were happy to welcome 8 participants who learned the basics of Toastmasters evaluation techniques (Suzanne) and explored various possible ways of articulating an evaluation (traditional, interviews, coaching interviews) in a constructive and energizing way (Remi) Participants were then engaged in running short table topics and practicing what they had just learned through delivering short evaluations The session was followed by a nice lunch at the Malting pot.

A great learning atmosphere!!!



### 13 March : Club Spring Speech Contest

5 participants competed to bring our colors to the Area speech contest.

Among topics covered we could hear about the most memorable speeches of all times and how planting little seeds can result into a more sustainable world.

Selected winners were :

Brenda Bogaert (Evaluation winner)

Damian Antoniak (Speech winner)



### 24 March : Area speech contest

The glorious day our winners Brenda (evaluation) and Damian (speech) represented the club with much talent !!



### 20 March: Board Meeting for club officers

A great moment for officers to decide on future actions in a casual and friendly atmosphere at Remi's place.

Many thanks to him and his lovely family.

Your Dream Team keeps going for our club's future and we need you on the board (literally) !!



### 4 April: Serial Improvisations/Evaluations With props...

The idea was to hone our improvisation skills We used three baskets :

- One to pick up names
- one to pick up questions
- one to pick up props

Theme of the evening : Easter !!!

We talked more about chocolates and bunnies than anything else ! The result was very theatrical and creative.

Much fun and many rewards for the winners !!

4 "Most" categories : fun, original, improved, effective



### 6 April : Murder Mystery Evening

This club is also a well of unleached creativity with some genuine fun ahead !!

First time we held such an event : 17 participants experienced a most memorable suspense at the BBlue restaurant in 6<sup>th</sup> arrondissement of Lyon



Concept : A plot carefully set up by our Masters of Ceremony around a murder investigation : This fantastic evening turned out to be great fun, unusual, an inspiring and captivating moment everyone enjoyed!! Very theatrical, great to create and feed a character, super improvisations!! So good that we decided to continue the story next year with the trial of Isabelle, charged with the murder of Super Suzie !!



### 18 April

A historical moment !! We are now on YouTube with a super video presenting our club and our honorable board  
Great feedback from people so far. Please tell us what you think by adding a comment on the link beside.  
Feel free to spread the word to your family, workplace, and friends  
We welcome guests and new members every time !!



Click [HERE](#) to access the video !!

### April 21st : Division Spring Speech Contest

In Villeneuve-les-Avignon  
The very best Toastmasters winners from all districts contests in the South East France Division.  
An amazingly well organized gathering of super talented personalities competing to bring our colors to the District contest on 25-27 May in Athens, Greece.  
Among the topics covered : how to turn negative into positive, the right to live your dreams, foundation of your own identity, understanding tennis jargon, etc..





Congratulations to winners Jaafar, Audrey, Silvia, Anthony and Marina

### May 15<sup>th</sup> : The Toastmasters at the PWN

We were very honored to present our club to the Lyon Professional Women Network (PWN), another international organization driving professional networking around the globe, in order to explore options of partnership between our 2 entities.  
A dozen of our members introduced the various Toastmasters roles together with a sample of speeches and table topics.  
Topics included our shared values and educational objectives in terms of professional development (leadership skills, public speaking, presentation skills) and English language !  
We hope this first visit will open doors to new memberships and further collaboration in the future.



<p><b>May 22d Last Board Meeting</b>  The board of our club met in la Croix Rousse, already thinking of next years plans while preparing our year end.  The fun is not over and the creativity of this team is simply amazing !!</p>	
<p><b>May 29th Regular Session at the iaelyon + Elections</b>  A special evening dedicated to members only as we voted to nominate the members for our next year Board.  Any members is welcome to apply as candidate for one of the role proposed (see in the following pages for more details)</p>	




## Coming soon!!!

<p><b>June 9<sup>th</sup> Officer training</b> in Clermont Ferrand  On the menu: Improvisations, shared Lunch, Workshops  There will be some car sharing opportunities to facilitate transportation.</p>	
<p><b>June 26<sup>th</sup>, Last session of the year "TOASTPARTNER"</b>  Bring your partner, wife, husband, friend, son, daughter, ...  Followed by a dinner at the Malting pot pub near Lyon IAE</p>	

## Our new shining stars !!

<p>4 new members</p>	<p>We are pleased to welcome 4 new members since Jan 2018 :</p> <ul style="list-style-type: none"> <li>• Jerome Fauconnet ,</li> <li>• Valérie Brousson ,</li> <li>• Damian Antoniak (Previously in Grenoble Toastmasters club),</li> <li>• Sven Van Vliet (Regional Development Manager in a local language school) native speaker.</li> </ul>
<p>2 new certifications</p>	<p>We are also proud to count new certifications !! Congratulations and many thanks for their contribution and determination to</p> <ul style="list-style-type: none"> <li>• Bob Kennedy – CL : Competent Leader</li> <li>• Nicolas Denis Remy - CC : Competent Communicator</li> </ul>

<p>CLUB Contest</p>	<p>Congratulations for our winners in the following categories :</p>
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winners	<p><b>INTERNATIONAL SPEECH :</b>                  #1 : Suzanne Barratt                  #2 : Damian Antoniak</p>	
	<p><b>EVALUATIONS :</b>                  #1 : Suzanne Barratt                  #2 : Paulien Elzinga                  #3 : Brenda Bagaert</p>	
	<p>Special mention to Remi Hingrai our distinguished judge with wig and gavel !!</p> <p>Thank you Patrick Winkler who proposed a fun improvisation exercise, everyone improvising a word creating a short story in the end...</p>	

## 2 – PATHWAYS : an optimized framework to support your progression

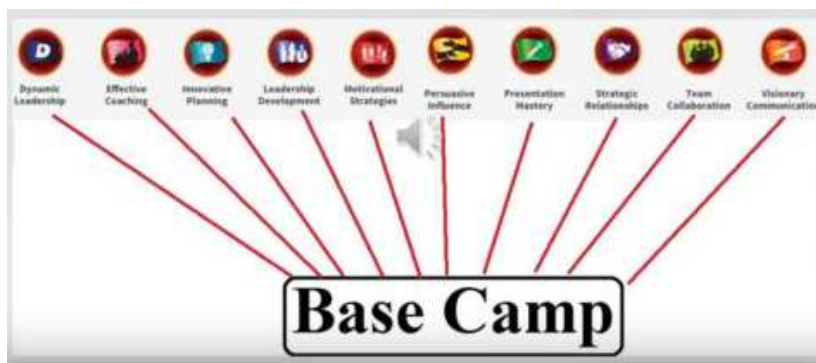
A new enhanced approach to embrace new options enabled by today's communication technologies

What remains the same	What changes
Club experience and sessions structure	<ul style="list-style-type: none"> <li>• Progression structure : from 2 paths to 10</li> <li>• Skills panel : from 68 competencies to 250</li> <li>• Now integrating E-Learning</li> <li>• DCM (Distinguished Club Program) progression</li> <li>• 1 path = 14 projects (10 required, 4 elective)</li> <li>• 5 levels of progression :                             <ol style="list-style-type: none"> <li>1 Mastering Fundamentals</li> <li>2 Learning your style</li> <li>3 Increasing your knowledge</li> <li>4 Building skills</li> <li>5 Demonstrating Expertise</li> </ol> </li> </ul>

From this model



To this new approach



Grow within 1 of 10 new learning focuses :





Paths	Skills developed
<b>Dynamic leadership</b>	Leadership & communication styles, constructively managing conflict in a team, developing Change Management strategies, interpersonal communication and public speaking skills
<b>Effective coaching</b>	Positive communicator, how to build consensus, strong public speaking skills, effective interpersonal communication
<b>Innovative planning</b>	Public speaker and leader, developing a strong connection with audience, speech writing and delivery, project management, innovative solutions
<b>Leadership Development</b>	Effective communicator and leader, time management, planning, public speaking, leading a team
<b>Motivational Strategies</b>	Powerful and effective communication, learning strategies, building connections with people, leading other and growing motivation
<b>Persuasive Influence</b>	Innovative communicator and leader, negotiating positive outcomes, strong interpersonal communication and public speaking skills, creating innovative solutions in complex situations
<b>Presentation Mastery</b>	Accomplished public speaking skills, knowing your audience and building strong connection, speech writing and delivery, effective public speaking techniques
<b>Strategic Relationships</b>	Communication leader, understanding diversity, building persona or professional connections, developing a public relations strategy
<b>Team Collaboration</b>	Collaborative leader, active listening, motivating others, interpersonal communication, public speaking skills
<b>Visionary Communication</b>	Strategic communicator, information sharing, communications planning, speech writing and delivery, creating innovative solutions

Don't know which way to go ? Here is some Guidance

You are a few speeches away from the end of your CC or CL	You just started a CC or CL
<ul style="list-style-type: none"> <li>You can keep going with the former model to complete it within 2 years maximum from Mar 20, 2018</li> </ul>	<ul style="list-style-type: none"> <li>We would recommend you move to the new PATHWAY model and start the path most interesting for you. Don't know where to start ?</li> <li>You may want to complete the assessment under the <a href="#">Pathway site</a> to help you select the most appropriate path for your specific needs.</li> </ul>

### 3 – Meet our Board Members for 2018-19 and what role they have

- Any club member is eligible provided you bring desire to contribute, motivation, sense of responsibility and fun, creativity and ideas to keep the club growing in a meaningful way !
- Requirement for Club President is to be already part of the Board in order to apply for this role

Role and description	Current officer
<b>President</b> - Suzanne Barratt(American/English) <ul style="list-style-type: none"> <li>• General supervision and operation of the club</li> <li>• Establishes long-short term goals for club with Board members</li> <li>• Is member of the Area Council</li> </ul>	
<b>Vice President of Education</b> - Patrick Winkler(French) <ul style="list-style-type: none"> <li>• Manages all educational programs within club</li> <li>• Ensures members continue progressing towards goals</li> <li>• Is member of the Area Council</li> </ul>	
<b>Vice President of Membership</b> – Jerome Fauconnet (French) <ul style="list-style-type: none"> <li>• Sustains and increase number of members</li> <li>• Marketing, communication, keeps members list and attendance records</li> <li>• Is member of the Area Council</li> </ul>	
<b>Vice President Public Relations</b> - Mohamed Arab (French/Algerian) <ul style="list-style-type: none"> <li>• Manages maintenance of the club's image, internal/external communication</li> <li>• Press release, website maintenance, publicity campaigns</li> </ul>	
<b>Newsletter Editor</b> - Agnes Clo(French/Swiss) <ul style="list-style-type: none"> <li>• Supports Vice President Public Relations with documenting, writing Club's newsletter</li> </ul>	
<b>Secretary</b> – Sven Van Vliet (American) <ul style="list-style-type: none"> <li>• Manages all record-keeping and correspondence (Club and Toastmasters International)</li> <li>• Manages new members applications, membership records, supply orders</li> <li>• Records and writes minutes for club meetings</li> </ul>	
<b>Treasurer</b> - Bob Kennedy(American) <ul style="list-style-type: none"> <li>• Manages all dues and payment of all bills</li> <li>• Ensures club's financial accounts are up to date</li> <li>• Drives financial reviews</li> </ul>	
<b>Sergeant at Arms</b> – Anne Spor (French) <ul style="list-style-type: none"> <li>• Manages facilities and materials</li> <li>• Arranges room and set up for all meetings</li> <li>• Makes sure all is in place for smooth roll out of meetings</li> </ul>	

### Please welcome the Lyon English Toastmasters 2018-2019 Board !!

The talents of many,  
the power of one !!



## Positive mindset

Little things that keep our members energized, focused, inspired and having fun



## Themes from last few months

Those themes are the back bone guiding content of our sessions. Each session has a different theme, suggested by our members, changing with seasons, events and our own centers of interests !!

<ul style="list-style-type: none"> <li>• <b>Hope:</b> Nicolas Denis Remy</li> <li>• <b>Sustainability:</b> Mohamed Arab</li> <li>• <b>Self-fulfilment:</b> Florian Noirot</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Habits:</b> Damian Antoniak</li> <li>• <b>To Convince in 3 stages:</b> Ethos Logos Pathos: Anne Spor</li> </ul>
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## Learning in different ways



Movie recommended by Isabelle:

**LE BRIO**, movie by Yvan Attal about Eloquence and Debate contests... inspiring for Toastmasters as it's about talents, words, presentations, contests, using your voice, convincing...

Looking forward to meeting you again soon in our Club !

Your

